



Ashly



Good bye and Good Luck!

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Never Told You:

1. He was scared of being as good, every single day.
2. Every time he acted strong, he was hiding his own broken pieces.
3. He sacrificed dreams you'll never hear about, just to build yours.
4. His love was loud in actions, even when his words were low.
5. He carried burdens alone, so you would never feel them.
6. He worries about you more than he ever admits.
7. He notices your growth, even if he doesn't say it out loud.

David Hodges

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Passive-aggressive behavior is an indirect expression of hostility, anger, or resentment, where a person acts out negatively through passive measures rather than open confrontation.

Common examples include sarcasm, intentional procrastination, backhanded compliments, the silent treatment, and stubbornness. It is used to avoid direct conflict while undermining others.

Key Characteristics and Signs:

- "I'm Fine" Lie: Verbally denying anger while behaving in a hostile manner.
- Intentional Inefficiency/Sabotage: Leaving tasks undone, purposely doing a poor job, or "forgetting" to do things to express resentment.
- Backhanded Compliments: Remarks



Message

